



Education

Musculoskeletal Disorder Prevention Training

Teach your employees Injury Prevention Strategies & Best Work Practices using ERGO's Interactive, Hands-on Modules

Learn from the professionals at ERGO Inc.



ERGO for Educational Assistants

Guidelines and strategies for safe lifting and transferring of students



Best Practices Modules:

- Sit to stand transfers and pivot transfers
- Toileting and changing
- Wheelchair handling
- Use of lifting equipment and slings
- Carrying and handling of supplies

I'd like to learn more.



ERGO for Custodians

Guidelines and strategies for safely performing custodial tasks



Best Practices Modules:

- Vacuuming and cleaning floors
- Mopping – dry and wet
- Wiping surfaces
- Garbage collection
- Moving supplies, furniture and equipment

I'd like to learn more.



ERGO for Libraries

Guidelines and strategies for safe handling of books
Safe computer workstation use at sitting and standing stations



Best Practices Modules:

- Handling courier bins and book carts
- Circulation desk workstations
- Customer Service and Reference desks
- Shelving books and items

I'd like to learn more.



ERGO for Administrative Staff

Guidelines and strategies for safely and efficiently working at a computer workstation



Best Practices Modules:

- Monitor, keyboard and mouse set-up
- The chair, including proper adjustment
- The environment – lighting, noise
- Workstation set-up

I'd like to learn more.

INFORMATION REQUEST FORM Send to ERGO Inc. via email downey@ergoconsulting.net or fax (705) 436-4619.

NAME

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PHONE

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Evaluating Risks in Growing Occupations Inc.

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PLEASE NOTE

All courses can be customized. Training can range in length from 15 minute Safety Talks to 2 hour interactive, hands-on sessions.